

Relax the body & calm the mind

Cynergy Spa

Menu

87 Fort Greene Place | Brooklyn, NY 11217
Phone : 718.403.9242 | Fax : 718.403.9274

Skin Care

Rain Forest Facial \$100

This cleansing and balancing facial will bring a healthy glow to your skin.

Bacial (Back Facial) \$120

Experience the Cynergy Facial on an often-neglected body part - your back.

Depigmenting \$120

For the removal of dark spots, includes exfoliation, cleansing and skin treatment mask.

The Gentleman's Facial \$125

The facial customized for his skin care needs. This relaxing facial will soothe the skin, minimize the effects of razor irritation and leave the skin glowing with health and vitality.

Cynergy Deep Pore Cleansing Facial \$125

This relaxing, stimulating and therapeutic facial includes cleansing, massage, exfoliation, steaming and extractions.

Hydrating Facial \$125

This exceptionally nourishing facial is recommended for dry and dehydrated skin types and also designed to smooth the appearance of fine lines and wrinkles.

Glycolic Facial \$125

This rapid exfoliating treatment accelerates the removal of surface skin cells and is excellent for controlling breakouts. A program of six treatments is recommended.

Cynergy Ultimate Facial \$155

One of the most enjoyable treatments. This is a facial, back massage, and body treatment combo. Your face is thoroughly cleansed, your upper back and shoulders are massaged and a self-heating mud is applied to your spine.

Microdermabrasion \$180

Intensive exfoliation of the skin using fine crystals to remove fine lines, improve the texture of the skin and correct surface acne scarring.

Prices do not include tax or gratuity (suggested gratuity 15-20%).

Body Care

Cynergy's Head / Foot Massage \$85

As you lie on a warm table feel the tension flow out of your body while your head and feet are massaged with our warm oils. Basic reflexology is incorporated in the foot massage. A mini-treat to self. (30 mins.)

Neck, Shoulder and Back Massage \$100

Upper body massage concentrating on the neck and shoulder. A medium to heavy touch depending on your preference.

Back to Nature Body Massage \$110

A relaxing, therapeutic massage, using long strokes and kneading of the muscles to soothe, increase circulation, boost energy levels by increasing endorphins, fostering emotional well-being.

Ancestral Aromatherapy Massage \$125

This massage kneads your muscles until they seem to melt. Helps eliminate waste and toxins from your system by improving lymph and blood circulation. Your senses are heightened with the essential oils used during the massage.

Urban Oasis Sports Massage \$125

This invigorating deep tissue, full body massage increases circulation, bringing oxygen and nutrients to tissues. Alleviates pain by reducing swelling and inflammation of joints, encouraging your body's ability to retain nutrients that foster tissue repair, speeding the healing of injuries or wounds.

Stone Massage \$145

During this wonderful calming massage, warm stones are strategically placed on the body to warm soothe and relax.

90-Minute Massage \$165

Utter bliss for 90 minutes.

Prices do not include tax or gratuity (suggested gratuity 15-20%).

Body Treatment

Cynergy Citrus Body Polish \$115

Experience our four-in-one body polish with its soft, velvety texture that cleanses, tones, moisturizes and exfoliates in one simple application. Gentle enough for sensitive skin and perfect for anyone who prefers a less aggressive exfoliation.

Prenatal Massage \$120

Mommy-to-Be, this massage is guaranteed to relax and soothe the mind and body while improving circulation and relieving fatigue. Tailored to your individual needs. Be comfortable in your new body, your baby will love you so much the more!

De Islands' Brown Sugar Scrub \$120

If you prefer a more aggressive exfoliation, this nutrient-rich scrub is antibacterial and great for a variety of skin conditions. It is formulated with pure ingredients including botanical extracts and omega oils. Excellent for rejuvenating and revitalizing the skin.

Body Polish \$120

Removes dead skin and gives your body a warm glow.

Sea Salt Body Scrub \$140

A complete body exfoliation, using Cynergy's own sea salt mixture, followed by a soothing light skin hydrator.

Seaweed and Mud Combination Body Treatment \$150

A detoxifying and revitalizing experience using nutrient-rich seaweed with mud. Be enveloped in a warm cocoon as you pamper & condition your body.

Obsidian Moor Mud Wrap \$150

A cellulite treatment that boosts energy levels, increases circulation, and invigorates the body.

Prices do not include tax or gratuity (suggested gratuity 15-20%).

Spa Packages

The Great Escape \$190

A 40-minute massage or Express Body Polish followed by a 30-minute Rain Forest Facial. A great little treat!

Sugar n' Spice \$220

Dream of the islands with our brown sugar scrub and be lulled into sweet dreams with a full body massage using our specially blended oils.

Simple Pleasures \$220

Includes any \$125 facial, and a choice between the 55-minute Back to Nature Massage (Swedish technique) or the 55-minute Urban Oasis Sports Massage (deep tissue). Simple pleasures, simply pleasing!

The Great Escape Deluxe \$240

A 40-minute massage or Express Body Polish and a 30-minute Rain Forest Facial with a sea-salt hand scrub, hand and foot massage, and paraffin dip.

Couple's Special \$320

The ultimate romantic interlude for the two of you. Relax in the jacuzzi, enjoy a relaxing 55-minute side by side massage followed by champagne or sparkling juice with strawberries and chocolate.

Ultimate Escape \$350

Includes any \$115 one-hour facial, the Urban Oasis Sports Massage (Deep Tissue), sea salt hand scrub and foot scrub with hand and foot paraffin dip and a spa lunch.

Birthday Package \$375

Begins with a rose petal bath soak, followed with an aromatherapy massage for 55 minute, another hour of facial as well as a hand and foot treatment with paraffin dip. To top it off, this package includes champagne all day and a spa lunch.

Spa Packages

Golden Oval Package \$600

Includes all the amenities of an Ultimate Escape package, plus a choice of body treatments, crudities and champagne all day.

Prices do not include tax or gratuity (suggested gratuity 15-20%).

Hands & Feet

Sea Salt Hand Scrub & Massage

Hands \$28

Feet \$35

Hands and feet are exfoliated with Cynergy's sea salt scrub and massaged with emollients.

Paraffin Dip (add-on treatment)

Hands \$15

Feet \$20

Hands and feet are soaked in a soothing warm lavender paraffin treatment.

Waxing:

Eyebrow \$20

Lip & Chin \$12

Swimsuit \$30

High Bikini \$45

Half leg \$40

Full leg \$75

Prices do not include tax or gratuity (suggested gratuity 15-20%).